

4 DAY INTENSIVE AT MYSTHAVEN

Arriving For Dinner Thursday

General Details

The intensive will be held at Mysthaven, a new facility on a ten acre property only 20 minutes from Janice Berger & Associates.

Pricing and Payment Terms

Payments are to be made by cheque or cash only and are payable to Janice Berger & Associates.

The range in price per person is approximately \$1,200 - \$1,550 including GST. Accommodation is in dormitory housing that holds up to 5 people. There is an additional charge of \$69.00 per night for a private room or \$30.00 per night for a semi-private room.

A \$600.00 non-refundable deposit is required to secure your place. Space cannot be held otherwise. A post-dated cheque for the balance is required when the total amount is determined. The total amount depends on the number of participants and the number of therapists.

Please contact Janice Berger & Associates if you would like a private or semi-private room. The supply of private and semi-private rooms is handled on a first come first served basis.

What To Bring

- Towels are provided.
- If you want to use the hot tub or sauna, bring a swimsuit.
- Your journal.
- Pictures of your childhood and photos of you as a child.
- Your copy of Emotional Fitness.
- We are lying on a hardwood floor. Be sure to bring a floor mat or something else to lie on.
- You may want to bring some rainproof attire and hiking boots if you plan to use the walking trails in the area.
- Indoor shoes or slippers.